



MDHS Lunch

CSE - Mater Dei

Mon	Tue	Wed	Thu	Fri
8/1/2022	8/2/2022	8/3/2022	8/4/2022	8/5/2022
		Entree Chef Salad Pepperoni Calzone Grape Uncrustable Turkey & Cheese Sandwich Vegetable Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low	Entree Chef Salad Pepperoni Calzone Grape Uncrustable Turkey & Cheese Sandwich Vegetable Mashed Potatoes Corn - Frozen Whole Kernel, Low Sodium	Entree Chef Salad Chicken Nuggets Grape Uncrustable Turkey & Cheese Sandwich Grape Uncrustable Turkey & Cheese Sandwich Vegetable Baby Carrots Hashbrown Garbanzo Beans Green Beans - Prepared Fruit
		Sodium Side Salad Baby Carrots Fruit	Side Salad Baby Carrots Fruit Apple Slices	
		Apple Slices Apples - Granny Smith 88 Count Diced Peaches Orange Slices	Apples - Granny Smith 88 Count Diced Peaches Orange Slices Applesauce	Applesauce Diced Pears Apple Slices Orange Slices
		Applesauce Grain Animal Crackers Whole Grain Saltine Crackers	Grain Animal Crackers Whole Grain Saltine Crackers Milk	Grain Animal Crackers Animal Crackers Whole Grain Saltine Crackers
		Milk Chocolate Milk White Milk, 1%	White Milk, 1% Chocolate Milk	Milk White Milk, 1% Chocolate Milk







Mon	Tue	Wed	Thu	Fri
8/8/2022	8/9/2022	8/10/2022	8/11/2022	8/12/2022
Entree	Entree	Entree	Entree	Entree
Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Breaded Chicken Patty on Bun Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Pepperoni Pizza Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Mini Corn Dogs Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Super Nachos Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Hamburger on Bun Turkey & Cheese Sandwich
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Baby Carrots Tater Tots Garbanzo Beans Steamed Broccoli Fruit Apple Slices	Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low Sodium	Baby Carrots Hashbrown Garbanzo Beans Green Beans with Diced Ham Fruit Applesauce	Baby Carrots Potato Smiles Garbanzo Beans Refried Beans Fruit Apple Slices	Baby Carrots Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low Sodium Spicy Fries
Applesauce Diced Peaches Orange Slices	Fruit Applesauce Diced Pears	Diced Pears Apple Slices Orange Slices	Applesauce Diced Peaches Orange Slices	Fruit Applesauce Diced Pears
Grain	Apple Slices	Grain	Grain	Apple Slices
Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain	Animal Crackers Whole Grain Saltine Crackers	Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain
Milk White Milk, 1% Chocolate Milk	Animal Crackers Whole Grain Saltine Crackers Milk	Milk Chocolate Milk White Milk, 1%	Milk Chocolate Milk White Milk, 1%	Animal Crackers Whole Grain Saltine Crackers Milk
	Chocolate Milk White Milk, 1%		,	Chocolate Milk White Milk, 1%





Mon	Tue	Wed	Thu	Fri
8/15/2022	8/16/2022	8/17/2022	8/18/2022	8/19/2022
Entree Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken Sticks Turkey & Cheese Sandwich	Entree Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Papa John's Pepperoni Pizza Turkey & Cheese Sandwich Vegetable Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low Sodium	Entree Chef Salad Mozzarella String Cheese Turkey & Cheese Sandwich Cheese Stick Grape Uncrustable Grape Uncrustable Biscuit, WG Easy Split Turkey & Cheese Sandwich Cheese Omelet Vegetable Baby Carrots	Entree Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken on the Beach/ Chips Turkey & Cheese Sandwich Vegetable Baby Carrots Green Beans with Diced Ham Corn - Frozen Whole Kernel, Low Sodium	Entree Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Cheese Quesadilla, Coyote Grill WG, Turkey & Cheese Sandwich Vegetable Baby Carrots Potato Smiles Corn - Frozen Whole Kernel, Low
Fruit Apple Slices Applesauce Diced Peaches Orange Slices Grain Animal Crackers	Corn - Frozen Whole Kernel, Low Sodium Fruit Applesauce Diced Pears Apple Slices Orange Slices	Hashbrown Garbanzo Beans Fruit Applesauce Diced Pears Apple Slices Orange Slices	Fruit Applesauce Diced Pears Apple Slices Orange Slices Grain Animal Crackers	Sodium Corn - Frozen Whole Kernel, Low Sodium Fruit Applesauce Diced Pears Apple Slices
Whole Grain Saltine Crackers Milk White Milk, 1%	Grain Animal Crackers Whole Grain Saltine Crackers Milk Chocolate Milk White Milk, 1%	Apples - Warm Cinnamon Grain Animal Crackers Animal Crackers Whole Grain Saltine Crackers Milk White Milk, 1% Chocolate Milk	Whole Grain Saltine Crackers Milk Chocolate Milk White Milk, 1%	Diced Peaches Orange Slices Grain Animal Crackers Whole Grain Saltine Crackers Milk Chocolate Milk White Milk, 1%





Mon	Tue	Wed	Thu	Fri
8/22/2022	8/23/2022	8/24/2022	8/25/2022	8/26/2022
Entree	Entree	Entree	Entree	Entree
Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken & Waffle StJV Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Turkey & Cheese Sandwich WC Pepperoni Pizza	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Pork Tenderloin Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken Fried Chicken / Roll Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Hamburger on Bun Turkey & Cheese Sandwich
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Baby Carrots Hashbrown Garbanzo Beans	Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low	Baby Carrots Tater Tots Garbanzo Beans	Baby Carrots Mashed Potatoes Garbanzo Beans	Baby Carrots Corn - Frozen Whole Kernel, Low Sodium
Fruit	Sodium	Steamed Broccoli	Green Beans with Diced Ham	Corn - Frozen Whole Kernel, Low
Apple Slices Applesauce	Corn - Frozen Whole Kernel, Low Sodium	Fruit Apple Slices	Fruit Applesauce	Sodium Spicy Fries
Diced Peaches Orange Slices Mandarin Orange Segments	Fruit Applesauce Diced Pears	Applesauce Diced Peaches Orange Slices	Diced Pears Apple Slices Orange Slices	Fruit Applesauce Diced Pears
Grain	Apple Slices	Grain	Grain	Apple Slices
Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain	Animal Crackers Whole Grain Dinner Roll	Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain
Milk White Milk, 1%	Animal Crackers Whole Grain Saltine Crackers	Whole Grain Saltine Crackers Milk	Milk Chocolate Milk	Animal Crackers Whole Grain Saltine Crackers
Chocolate Milk	Milk	White Milk, 1% Chocolate Milk	White Milk, 1%	Milk
	Chocolate Milk White Milk, 1%			Chocolate Milk White Milk, 1%





Mon	Tue	Wed	Thu	Fri
8/29/2022	8/30/2022	8/31/2022	9/1/2022	9/2/2022
Entree	Entree	Entree		
Chef Salad Chicken Nuggets Grape Uncrustable Turkey & Cheese Sandwich Grape Uncrustable Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Pepperoni Pizza Turkey & Cheese Sandwich	Cheese Stick Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken and Dumplings		
Vegetable	Vegetable	Turkey & Cheese Sandwich		
Baby Carrots Hashbrown Garbanzo Beans Steamed Broccoli Fruit Applesauce	Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low Sodium	Chicken, Diced, Cooked Vegetable Baby Carrots Green Beans with Diced Ham Garbanzo Beans Hashbrown		
Diced Pears	Fruit	Fruit		
Apple Slices Orange Slices	Applesauce Diced Pears	Applesauce Diced Pears		
Grain	Apple Slices	Apple Slices		
Animal Crackers Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain Animal Crackers	Orange Slices Grain Animal Crackers		
Milk	Whole Grain Saltine Crackers	Whole Grain Saltine Crackers		
White Milk, 1%	Milk	Milk		
Chocolate Milk	Chocolate Milk White Milk, 1%	Chocolate Milk White Milk, 1%		