

MDHS Lunch

CSE - Mater Dei

Mon	Tue	Wed	Thu	Fri
1/2/2023	1/3/2023	1/4/2023	1/5/2023	1/6/2023
	Entree	Entree	Entree	Entree
	Chef Salad Chicken Nuggets Grape Uncrustable Turkey & Cheese Sandwich Grape Uncrustable Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Pepperoni Pizza Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken on the Beach/ Chips Turkey & Cheese Sandwich	Chef Salad Mozzarella String Cheese Turkey & Cheese Sandwich Cheese Stick Grape Uncrustable Grape Uncrustable
	Vegetable	Vegetable	Vegetable	Biscuit, WG Easy Split
	Baby Carrots Hashbrown	Baby Carrots Mashed Potatoes	Baby Carrots Green Beans with Diced Ham	Turkey & Cheese Sandwich Cheese Omelet
	Garbanzo Beans	Corn - Frozen Whole Kernel, Low	Corn - Frozen Whole Kernel, Low	Vegetable
	Steamed Broccoli Fruit	Sodium Corn - Frozen Whole Kernel, Low	Sodium Fruit	Baby Carrots Hashbrown
	Applesauce	Sodium	Applesauce	Garbanzo Beans
	Diced Pears	Fruit	Diced Pears	Fruit
	Apple Slices Orange Slices	Applesauce Diced Pears	Apple Slices Orange Slices	Applesauce Diced Pears
	Grain	Apple Slices	Grain	Apple Slices
	Animal Crackers Animal Crackers	Orange Slices Grain	Animal Crackers Whole Grain Saltine Crackers	Orange Slices Apples - Warm Cinnamon
	Whole Grain Saltine Crackers	Whole Grain Saltine Crackers	Milk	Grain
	Milk White Milk, 1% Chocolate Milk	Animal Crackers Milk Chocolate Milk	Chocolate Milk White Milk, 1%	Animal Crackers Animal Crackers Whole Grain Saltine Crackers
		White Milk, 1%		Milk White Milk, 1% Chocolate Milk







Tue	Wed	Thu	Fri
1/10/2023	1/11/2023	1/12/2023	1/13/2023
•	Entree	Entree	Entree
Salad ey & Cheese Sandwich e Uncrustable e Uncrustable ey & Cheese Sandwich Pepperoni Pizza	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Mini Corn Dogs Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Pepperoni Calzone Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Hamburger on Bun Turkey & Cheese Sandwich
able	Vegetable	Vegetable	Vegetable
Carrots ned Potatoes - Frozen Whole Kernel, Low um	Baby Carrots Hashbrown Garbanzo Beans Green Beans with Diced Ham	Baby Carrots Green Beans with Diced Ham Corn - Frozen Whole Kernel, Low Sodium	Baby Carrots Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low
	Fruit	Fruit	Sodium
um	Applesauce Diced Pears	Applesauce Diced Pears	Spicy Fries Green Beans - Prepared
esauce d Pears	Apple Slices Orange Slices	Apple Slices Orange Slices	Fruit Applesauce
Apple Slices Crackers Orange Slices Grain Saltine Crackers Grain	Grain Animal Crackers	Grain Animal Crackers	Diced Pears Apple Slices
			Orange Slices Grain
al Crackers e Grain Saltine Crackers olate Milk e Milk, 1%	Milk Chocolate Milk White Milk, 1%	Milk Chocolate Milk White Milk, 1%	Animal Crackers Whole Grain Saltine Crackers Milk Chocolate Milk White Milk, 1%
e G	te Milk	te Milk	Crackers Milk Milk Chocolate Milk Chocolate Milk White Milk, 1% White Milk, 1%







Mon	Tue	Wed	Thu	Fri
1/16/2023	1/17/2023	1/18/2023	1/19/2023	1/20/2023
	Entree	Entree	Entree	Entree
	Grape UncrustableTurkey & Cheese SandwichGrape UncrustableGrape UncrustableCheese StickGrape UncrustablePepperoni PizzaGrape UncrustableItalian Chicken on	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Italian Chicken on Bun Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable 6" Bosco Stick w/ Pizza sauce Turkey & Cheese Sandwich	
	Vegetable	Biscuit, WG Easy Split	Vegetable	Vegetable
	Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low	Turkey & Cheese Sandwich Cheese Omelet Vegetable	Baby Carrots Steamed Broccoli Garbanzo Beans	Baby Carrots Potato Smiles Corn - Frozen Whole Kernel, Low
	Sodium Corn - Frozen Whole Kernel, Low	Baby Carrots Hashbrown	Fruit Apple Slices	Sodium Green Beans - Prepared
	Sodium	Garbanzo Beans	Applesauce	Fruit
	FruitFruitApplesauceApplesauceDiced PearsDiced PearsApple SlicesApple SlicesOrange SlicesOrange Slices	Diced Peaches Orange Slices Grain Animal Crackers Buttered Noodles	Applesauce Diced Pears Apple Slices Diced Peaches Orange Slices	
	Grain	Apples - Warm Cinnamon	Whole Grain Saltine Crackers	Grain
	Whole Grain Saltine Crackers Animal Crackers	Animal Crackers	Milk White Milk, 1%	Animal Crackers Whole Grain Saltine Crackers
	Milk	Animal Crackers	Chocolate Milk	Milk
	Chocolate Milk White Milk, 1%	Whole Grain Saltine Crackers Milk White Milk, 1% Chocolate Milk		Chocolate Milk White Milk, 1%





Mon	Tue	Wed	Thu	Fri
1/23/2023	1/24/2023	1/25/2023	1/26/2023	1/27/2023
Entree	Entree	Entree	Entree	Entree
Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Breaded Chicken Patty on Bun Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Papa John's Pepperoni Pizza Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Super Nachos Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken Fried Chicken / Roll Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Hamburger on Bun Turkey & Cheese Sandwich
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Baby Carrots Steamed Broccoli Garbanzo Beans Tater Tots Fruit	y Carrots Baby Carrots Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low	Baby Carrots Mashed Potatoes Garbanzo Beans Green Beans with Diced Ham Fruit	Baby Carrots Corn - Frozen Whole Kernel, Low Sodium Corn - Frozen Whole Kernel, Low Sodium	
Apple Slices Applesauce	Sodium Fruit	Sodium Fruit	Applesauce Diced Pears	Spicy Fries Green Beans - Prepared
Diced Peaches	Applesauce	Applesauce	Apple Slices	Fruit
Orange Slices	Diced Pears	Diced Pears	Orange Slices	Applesauce
Grain	Apple Slices	Apple Slices	Grain	Diced Pears
Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain	Orange Slices Grain	Animal Crackers Whole Grain Saltine Crackers	Apple Slices Orange Slices
Milk	Animal Crackers	Animal Crackers	Milk	Grain
White Milk, 1% Chocolate Milk	Whole Grain Saltine Crackers Milk	Whole Grain Saltine Crackers Milk	Chocolate Milk White Milk, 1%	Animal Crackers Whole Grain Saltine Crackers
	Chocolate Milk White Milk, 1%	Chocolate Milk White Milk, 1%		Milk Chocolate Milk White Milk, 1%





F

Mon	Tue	Wed	Thu	Fri
1/30/2023	1/31/2023	2/1/2023	2/2/2023	2/3/2023
Entree	Entree			
Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Chicken Strips Turkey & Cheese Sandwich	Chef Salad Turkey & Cheese Sandwich Grape Uncrustable Grape Uncrustable Pepperoni Pizza Turkey & Cheese Sandwich			
Vegetable	Vegetable			
Baby Carrots Hashbrown Garbanzo Beans Steamed Broccoli	Baby Carrots Mashed Potatoes Corn - Frozen Whole Kernel, Low Sodium			
Fruit	Corn - Frozen Whole Kernel, Low			
Applesauce	Sodium			
Diced Pears Apple Slices Orange Slices	Fruit Applesauce Diced Pears			
Grain	Apple Slices			
Animal Crackers Animal Crackers Whole Grain Saltine Crackers	Orange Slices Grain Whole Grain Saltine Crackers			
Milk	Animal Crackers			
White Milk, 1%	Milk			
Chocolate Milk	Chocolate Milk White Milk, 1%			

FILTERS		
Name(s)	Value(s)	
Date Range	(Start = 1/1/2023, End = 2/4/2023)	
Menu Plan	(MDHS)	



